

# SHOMEKA OUTREACH

## Needed Supplies and Equipment

### MATERNITY CLINIC

Alcohol wipes  
Betadine/Iodine Solution  
Blood pressure cuffs (manual)  
Catheters  
Chux  
Delivery Beds  
Delivery Kits  
Doppler  
Dr.'s Stools  
Emesis Basins  
Exam Tables  
Exam Lights  
Fetal Monitors/Belts/Gel  
Fetoscope  
First Aids Supplies (bandages, tape, dressings, etc)  
Hospital Beds  
IV start kits & supplies  
IV poles  
Lubricating Jelly  
Maxi Pads (multiple sizes)  
Medications/Vitamins  
Mosquito Nets (treated)  
Scale  
Stethoscopes  
Thermometers  
Ultrasound Machine/Gel  
Vehicle (for use as ambulance)

### GENERAL SUPPLIES

Alcohol foam/antibacterial soap  
Chairs (waiting area/beside beds)  
Cleaning supplies  
Computers/Printers/Software  
Curtains  
Gloves (sterile & clean)

Garbage bags/Sharps containers  
Kitchen set up/dishes  
Library Resources (books, journals, visuals, etc)  
Linens  
Masks  
Medical filing/documentation  
Refrigerator (staff use)  
Shelving  
Soap  
Uniforms

### NURSERY

Baby blankets  
Bassinets (6)  
Bulb syringes  
Cloth diapers  
Cord Clamps  
Formula  
Infant Warmer  
Isolette  
Scale  
T-shirts or gowns

### LAB/PHARMACY

Autoclave  
Lab supplies/tests  
Microscopes/Accessories  
Refrigerator  
Shelving

### COMMUNITY EDUCATION

Computers (laptops)  
Educational materials  
(HIV/AIDS, STD's, etc)  
Radios/Phones  
Vehicle

**Donations can be mailed to the following address, or dropped off M-F 8am-4pm:**

**Shomeka Outreach \* 3169 Fernbrook Lane North \* Plymouth, MN 55447**